## **NOTRE DAME SPORT PHYSICAL INFORMATION**

## \*\*PLEASE READ/RESPOND AS SOON AS YOU RECEIVE THIS

Notre Dame College Prep, in cooperation with Illinois Bone & Joint Institute, will be offering sport physicals at 9000 Waukegan Road, Suite 200, in Morton Grove. These screenings will meet and surpass the IHSA requirements for physicals for one year. Illinois Bone & Joint physicians will examine the athletes

DATE: Wednesday, August 2, 2017

TIME: 5:30 PM First come, first served

COST: \$30 FOR EACH PHYSICAL EXAM (Non-refundable)

Please note: Make checks payable to NOTRE DAME

## WHO IS ELIGIBLE TO PARTICIPATE:

- 1. These physicals are designed for SOPHOMORES, JUNIORS or SENIORS who will be participating in extracurricular activities during the 2017-2018 school year. YOU MUST MAKE AN APPOINTMENT AHEAD OF TIME BY emailing JUDY AT jbyrne@nddons.org. Students will show up at Illinois Bone & Joint STARTNG at 5:30 and will just go in the order that they show up. NO ONE will be given a physical if they just show up on August 2nd without having registered with Mrs. Byrne, (<a href="mailto:ibyrne@nddons.org">ibyrne@nddons.org</a>) Please DO NOT call Illinois Bone & Joint.
- 2. NO INCOMING FRESHMEN ARE ALLOWED TO TAKE THIS PHYSICAL.
- 3. Complete (health history) Pre-participation Examination form which is ONLINE. A PARENT OR GUARDIAN MUST SIGN the Pre-participation form. You can return it to Mrs. Byrne along with your \$30 check or bring form and payment on August 2 to IBJ. By returning the form to Mrs. Byrne, you are guaranteed that it will be there on exam day.
- 4. An email to Mrs. Byrne is <u>MANDATORY</u> if your son will be taking the physical at Illinois Bone & Joint. This call needs to be made by Friday, July 28. After July 28, a count is due to Illinois Bone and Joint and NO MORE names will be added to the list.
- 3. AGAIN ---- No physicals will be given if the form is not signed by a parent. Anyone showing up on the day of the physical without having emailed ahead to have their name put on the list will not be examined. Questions, please call 847-779-8650. FORMS MUST BE signed by a parent.

FOR ALL INCOMING FRESHMEN!!! Your physical for entrance to Notre Dame qualifies you to start practice. The physical form for Incoming Freshmen was issued with the acceptance packet that you received earlier this year. If you do not have one, please contact Mrs. Bontempo at 847-779-8615. The freshman physicals need to be given to Mrs. Grillo (her desk is right outside the Principal's office) before you are allowed to practice. There is no need for you to take the physical being conducted on August 2.